

AMERICAN HOLISTIC NURSES ASSOCIATION
TUCSON NETWORK
P.O. BOX 44177
TUCSON, ARIZONA 85733-4177



August 12, 1987

To Whom It May Concern:

As program chair of the Tucson Chapter of the American Holistic Nurses Association, it gives me great pleasure to recommend the healing work of Damaris. She presented one of her workshops to us on July 7, 1987.

The evening was entitled: "Breath and Voice: Avenues of Healing." The activities included group chanting, singing and individual exercises, designed to produce healing and a sense of well being. The workshop was well organized, yet spontaneous and fun.

Participants were enthusiastic about the experience. I was personally struck with the power of my voice and how I can use it for my own healing. After the session I was relaxed and alert throughout my whole body.

Sincerely,

Marie P. Schloss

Marie P. Schloss, R.N., G.N.P.